

Volunteer Voice

Enriching the lives of seniors.

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7000 East Bellevue Avenue, Suite 250
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CHRISTIAN LIVING COMMUNITIES

Enriching the lives of seniors.



Sewing Her Talents

*"I cannot count my day complete
 'Til needle, thread and fabric meet."*
 - Author unknown

Gert VandeBrake is a remarkable example of a CLC volunteer who faithfully serves her Clermont Park community with skillful

hands. Gert likes to keep busy doing something constructive and sewing and needlework have been her life long interest. Gert laughingly remarks that handwork has always been preferred to time spent preparing meals! For the past nine years, Gert has happily joined the quilting volunteers on Monday mornings to sew resident gowns and warm lap robes. This past year, she began creating unique walker and wheel chair tote bags, which are available in the Windmill Boutique. In her apartment, a basket of sewing supplies sits near her comfortable chair. This is where Gert

spends countless afternoons hand embroidering tea towels. We are so thankful for Gert's commitment to sharing her talents. ☺

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 If you have a volunteer story you'd like to see highlighted in a future issue of the *Volunteer Voice*, or are interested in volunteer opportunities, please e-mail us: Jeanette Preston (Johnson Center) — jpreston@clcmail.org, Kitty Dobbs (Holly Creek) — kdobbs@clcmail.org or Mary Ann Schrader (Clermont Park) — mschrader@clcmail.org.

For more information about CLC, please visit us online at www.christianlivingcommunities.org or call 720-974-3555.



News from the Corporate Office

A kind word is like a spring day
 ~ Russian proverb

As we approach the season of spring God renews our senses with the warmth of the sunshine, the smell of fresh rain, the sound of children enjoying the outdoors, and the majesty of nature once again returning with the promise of new life.

The kind words and deeds of Christian Living Communities volunteers are a spring day for our residents throughout every season. Thank you for your faithful service. The difference you make for our residents truly "enriches the lives of seniors." Wishing you, your families and friends a Blessed Easter season.



Russ DenBraber
 President & CEO



Camille M. Thompson
 Vice President & COO

Clermont Park Grand Opening!

Business partners, board members, volunteers, staff, residents and families all joined in the fun and festivities during the Opening Celebrations for the Clermont Park Assisted Living on Feb. 18 and 19. The Assisted Living and Memory Support residents are now happily settled in their new homes and enjoying the beautiful new accommodations. Volunteers are needed and very welcome at this lovely new community. If you are interested in learning more about this volunteer opportunity, please contact Volunteer Coordinator, Mary Ann Schrader at 720-974-3907.



Every day Christian Living Communities is abundantly blessed by a foundation of volunteers second to none. Our communities, residents, staff members and Adult Day participants richly benefit from the many contributions of time, talent and genuine concern, care and interest our volunteers clearly have at heart. Their inspiring dedication of volunteer hours for all of CLC entities totaled 32,092 hours. These hours represent a rough equivalent of 15 full-time employees. The following are the hours broken down by community: Clermont Park: Tailored Living, Assisted Living and Health Center — 12,078 hours, Adult Day Services — 925 hours, The Johnson Center — 5,577, The Village — 5,673, Holly Creek — 6,905 hours and CLC Board — 934. Thank you this is an Outstanding Contribution! ☺

Clermont Park

Aged to Perfection

Celebrating seniors who like a fine wine improve with age

Please join us for an evening of exquisite hors d'oeuvres, wonderful wines, and an amazing silent auction! Individual reservations are \$35 each. If you haven't received your invitation in the mail, contact Pam Sullivan at 720-974-3558 or psullivan@clcmail.org.

We already have a few wonderful items for you to bid on; a day long trip to Taos New Mexico via private plane, a two-night stay at the Vail Mountain Resort & Spa, a golf foursome at Thorncreek Golf Course, indoor skydiving, wonderful art works and handcrafted items.

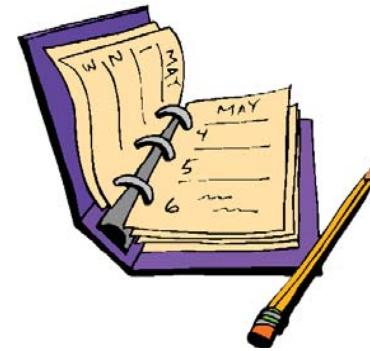
We could still use a few more donated items for the auction; if you have sporting event tickets, a time-share, or a special art talent please contact us to donate an item in support of the auction. Proceeds benefit our Finishing Touches campaign to support the redevelopment of Clermont Park.

We also are looking for a handful of volunteers to help out the night of the event, if you are available to help with the auction on April 30, please contact Pam. ☺

Wish List — Thank You Celebration

On March 31, the Clermont Park volunteers were honored and thanked at a buffet luncheon for their generous donation of \$10,085 for requested Wish List items. The Clermont Park volunteers approved funds that will be used to purchase needed resident medical equipment, staff training equipment and outstanding resident educational programs. Additional funds are earmarked for the completion of the Hymnal Book project, the Staff Appreciation fund and the Clermont Park Finishing Touches Project. Clermont Park Department Managers, staff, as well as Executive Team members, joined together to offer gratitude and heartfelt appreciation for all of our volunteer's efforts that truly enrich the lives of our residents.

Calendar of Events



April 2009

April 21 — 9Health Fair at The Village

April 28 — Volunteer Recognition Luncheon & Annual Meeting at The Village 11:30 - 1:00 p.m.

April 30 — Aged to Perfection at Holly Creek 6:00 - 8:30 p.m.

May 2009

May 28 — Coldwater Creek Fashion Show at Holly Creek 11:30 a.m. - 1:30 p.m.

Save the Date!

On June 18, Christian Living Communities is hosting a special event for all our volunteers. This Volunteer Appreciation Dinner and Entertainment will take place at South Fellowship Church at 5:30 p.m.

Volunteers Hosting Coldwater Creek Fashion Show

The volunteers of Holly Creek will be hosting a special fashion show/luncheon with Coldwater Creek on Thur., May 28, from 11:30 to 1:30 p.m. This is a fundraiser for the Holly Creek Volunteers. Proceeds from this event benefit the resident life at Holly Creek. Seating is limited. Tickets will be available at Molly's Mercantile or call Kitty Dobbs, 720-266-5616, for ticket sale locations.

The Johnson Center & The Village

Volunteer Recognition Luncheon & Annual Meeting will be held April 28 at 11:30 to 1:00 p.m. in The Village main dining room. The Johnson Center and The Village staff would like to extend their sincere gratitude to the Volunteer Advisory Committee members who have served so faithfully during the past 2007-08 term. Several members will be retiring from the Volunteer Advisory Committee they are Ruth Rosendale, Betty Schiebout, Lil Swierenga, and Jim Black. During the Volunteer Recognition Luncheon new members to our Volunteer Advisory Committee will be introduced.

An invitation will be sent to all active volunteers early in April with a necessary RSVP by April 21 to the receptionist at The Johnson Center or The Village. Please plan to come and enjoy!

Johnson Center/Village Volunteer Opportunities:

- Gift Shop Manager & Assistant Manager for The Johnson Center
- Bingo callers for the first and third Wednesday of each month for The Johnson Center
- Bingo callers for The Village, Wednesday evening April 15

9Health Fair returns to CLC, The Village

On April 21 from 7:00 a.m. to 12 noon, Christian Living Communities — The Village, will serve as a host site for the 9Health Fair. Since its inception in 1980, the 9Health Fair has impacted 1.7 million lives and helped save thousands of lives through a dedicated team of more than 19,000 volunteers. If you, a family member, friend or neighbor could benefit from the various screenings being offered at The Village or other 9Health Fair sites, please take advantage of the opportunity.

Interactive education centers, with representatives from the Arthritis Foundation, Parkinson Association of the Rockies and Memory Bridging will be available.

For more information about site locations, costs and screenings, please visit the 9Health Fair Web site at www.9HealthFair.org. For information or driving directions to The Village, please call 720-974-3555. ☺

Kim Accepted Into Phillips Exeter Academy

Jin Kim, a Johnson Center junior volunteer recently found out that she has been accepted into Phillips Exeter Academy, a prestigious school on full scholarship. Kim said, "I hope my experiences there will make me into a better person than I am now. It's really starting to settle in now that I got in and I'm really excited to go this fall!" Exeter is a boarding school in New Hampshire and is one of the oldest since its establishment in 1781. It houses 1,000 students, 80 percent of whom live in dorms on campus. Exeter has the largest secondary school library in the world and its student body is a collection of students from 50 different states and 26 countries. Currently Jin Kim attends Douglas County High School in the International Baccalaureate Program. She is also an accomplished violinist and serenades The Johnson Center residents almost every Friday evening at dinner. **Congratulations!**



Holly Creek

Holly Creek Volunteer Opportunities:

Molly's Sales Clerk —

Commitment: two hours per week.

Stat Checker — Sundays in the South Building

Suites Volunteers

Birthday Cards — Prepare birthday cards for residents in the Suites

Walking Companions — Flexible **Help with simple sewing projects** — Twice a month for two hours.

Birthday Parties — Last Monday of each month. Help setup, gather and serve.

Saturday Socials — Two hour commitment once a month. Help setup, gather and serve.

Painting Companion — Enjoy painting with residents. Give guidance as needed.

Personal Visits — Time flexible.

Beverage Cart — Enjoy visiting and offering a beverage/snack to residents.

Volunteer Spotlight

When Signe Smith has a book in her hand you can just see her eyes light up! She loves to read. She has shared this love of books with the Holly Creek residents by starting, organizing, and maintaining our library from the time that Holly Creek opened in 2005. She is also instrumental in our Volunteer Book Sale each year which has turned out to be one of our popular annual fundraisers. When she is not reading and taking care of the library, Signe is the treasurer for our Volunteer Advisory Team and is a volunteer in Molly's Mercantile once a week.

Signe says "Volunteering keeps me active and is mentally beneficial. It is very fulfilling." Signe's parents were Norwegian immigrants. She grew up in Brooklyn, N.Y., and attended Hunter College in Manhattan. Signe has also lived in California for awhile before coming to Colorado

in 1962. Signe has traveled to Dubai, United Arab Emirates and watched the camel races! She has even worked for the CIA for awhile! Thank you, Signe, for sharing your time and talents here at Holly Creek. ☺

