

Volunteer Voice

Enriching the lives of seniors.

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CHRISTIAN LIVING COMMUNITIES

Enriching the lives of seniors.

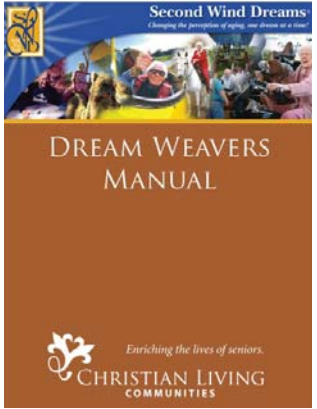


16th Annual Earthen Vessel Award

“For God, who said ‘Light shall shine out of darkness,’ is the One who has shone in our hearts to give the Light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, so that the surpassing greatness of the power will be from God and not from ourselves.”

2 Corinthians 4:6-7

A Team Of “Dream Weavers”



Christian Living Communities will launch our Second Wind dreams program in December of this year. This program is designed to carry out our mission of enriching the lives of seniors by uncovering and fulfilling dreams held by our residents. Dreams may be as small as wanting to make homemade ice cream again or as large as wanting to go to the Grand Canyon. We want to learn what dreams our residents have and figure out ways to help them achieve those dreams if at all possible. CLC will be part of a national program but we need a few volunteers to start the process!

We are looking for a few people in each community to become “dream weavers”. Essentially those people who meet one-on-one with residents with the purpose of soliciting their “dream” in order to better enrich their life. These volunteers will work with Life Enrichment Staff in each community to find creative ways to gather and fulfill dreams. A full “dream weaver” training will take place in late November and training manual will be provided to all “dream weaver” volunteers. If you are interested in learning more, please contact your volunteer coordinator.

We will also send you a “talents” survey as we try to gather information about the resources we already have that may be available to help fulfill a dream. Look for the survey and please turn it in! Thank you.

More than 450 people gathered on Oct. 8th to honor an outstanding CLC volunteer, Duane Sjaardema. Duane began his volunteer service in 1997 after retiring from a 25-year career at the Denver Mint. Duane served on the CLC Board of Directors and Stewardship Fund Board of Directors, but his steady and faithful service has been as a driver at The Village.

The Earthen Vessel Award is given to a volunteer each year who embodies the sentiment in the biblical quote above, letting God’s gracious work shine through them, His plain, earthen vessel. Duane is described as a quiet and faithful man who has greatly enriched the lives of many at CLC.

Several of Duane’s children and grandchildren were on hand to celebrate with him as well as other volunteers, staff, business partners and CLC supporters.

The event raised more than \$75,000 for the finishing TOUCHES at Clermont Park campaign — providing the furnishings and equipment to the redevelopment efforts at our original community. ☺



Left to right: Ed Schans, Duane Sjaardema and Russ Den Braber

Duane and Vi Sjaardema

Calendar of Events



November 2009

- Nov. 7 — Chili Cook-Off, see insert for details
- Nov. 12 — Volunteer Advisory Team meeting — 1 p.m., Silverton Room

December 2009

- Dec. 10 — Volunteer Advisory Team meeting — 1 p.m., Silverton Room

HAPPY HOLIDAYS! From the CLC Gift Shops.

We invite you to visit our Gift shops for all your holiday shopping. Each shop has unique items that would make perfect Christmas presents for your loved ones. Check with the concierge of each community for the hours of each shop.

Holly Creek Volunteer Opportunities

Bingo callers, reading with residents, help at socials, Christmas crafts, and helping serve in Timbers Dining Room.

If you would like further information about these, please contact, Kitty Dobbs, 720-266-5616.

If you have a volunteer story you’d like to see highlighted in a future issue of the *Volunteer Voice*, or are interested in volunteer opportunities, please e-mail us: Jeanette Preston (Johnson Center) — jpreston@clcmail.org, Kitty Dobbs (Holly Creek) — kdobbs@clcmail.org or Mary Ann Schrader (Clermont Park) — mschrader@clcmail.org.

For more information about CLC, please visit us online at www.christianlivingcommunities.org or call 720-974-3555.

Clermont Park

Redevelopment News

We are pleased to report that significant construction progress has been made in the past few months. The new modular building between east station and the 2-story (former Assisted Living) building has been set and the foundation secured. Once complete, this building will become the main entrance to the nursing home while the new one is being built. Flooring, finishes and cabinetry is nearly complete in the 2-story building. This will soon be a lovely setting for about 20 Clermont Park residents. A special 'thank you' is in order to all of our wonderful Clermont Park volunteers who have faithfully maintained their positive attitudes and bright smiles during this challenging time!

Quilting and Sewing Volunteers

As a result of the recent renovation, our dedicated group of quilting and sewing ladies weren't able to continue to meet in their traditional upstairs nursing home space. We are pleased to announce that they have settled into their new location at Second Christian Reformed Church and are continuing to accept new projects. Their talented efforts contribute funds that are used to enrich the lives of our residents. These ladies are masters of their craft and are available to discuss cherished quilting projects. They also welcome volunteers with an 'itch to stitch' to join them! Contact Mary Ann for more information. ☺

Holly Creek

Go Rockies!

The words "Go Rockies" were imprinted on the 20,000 rally towels that 24 volunteers from Holly Creek passed out to excited fans. The volunteers were made up of residents, staff, family and friends.

After two hours of handing out rally towels, volunteers enjoyed free tickets to the game compliments of the Colorado Rockies. And, the Holly Creek Volunteer Organization received \$500. The volunteers had a great time and

want to be included in the fun again next year. Thank you to all the volunteers who helped us with this special project. If you would like to be a part of our Rockies Volunteer Team next year, please contact Kitty Dobbs, 720-266-5616.



Jana Vente and Jim Kok at the Rockies game.

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Volunteer Spotlight

Faye Dixon is drawn to volunteering because she cares about people and likes to help others feel happy and included in our community. Her gentle and warm personality, combined with the faint traces of her Texas and Florida accents, make her delightful company.

As a Clermont Park resident for four years, Faye has been involved with many different areas of volunteer service. Faye's past work experience as an art gallery owner has made her a perfect fit for her position as a gift shop assistant at The Windmill Boutique. She also serves as treasurer of the Tailored Living Chapel Committee. She can be found arranging the Wednesday card shop selections and faithfully checking on the safety of her neighbors as a hall monitor.

Although Faye is very busy volunteering, her passion for art is never neglected. Her apartment includes a mini-art studio as well as a painting table to practice the techniques she learns in the Tailored Living art classes. She has generously donated several pieces of her work to the Aged To Perfection event held at Holly Creek.

Faye has decided to make gratitude, honesty and compassion her personal formula for living life to the fullest. Thank you, Faye, for sharing your time and talents. ☺

...Holly Creek
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Traffic Stops for Holly Creek Annual Book Sale!

On the second weekend in September, Holly Street heading south was detoured down Forest Street as Arapahoe and Holly was paved. Now that just happened to be the weekend of our annual book



Signe Smith sorts books for Holly Creek book sale.

sale at Holly Creek! We couldn't have planned it better. We also found out the Koelbel Library was having their annual book sale on the same weekend! The Holly Creek Volunteers made \$761 on their book sale. Thank you to the small, but mighty team that sorted, advertised, and worked the sale. Thank you also to all those that donated books and bought books.

Holly Creek Volunteers Fulfill Wishes

A total of \$5,800 was raised by the Holly Creek volunteers through the profits of Molly's Mercantile, spring fashion show, annual book sale and the Rockies game. With this money, the volunteers purchased a plate warmer for the Centennial Restaurant and a piano for the Alpine residents in the Suites. Thank you to everyone who has supported the Volunteers and helped to make it possible for us to fulfill these wishes at Holly Creek.

The Johnson Center & The Village

Seasonal Health Reminders

As we head into the winter months, Christian Living Communities wanted to inform all our volunteers about the seasonal flu, H1N1, and our general health policy which helps to protect residents, staff members and fellow volunteers.

H1N1 flu and regular influenza are viral infections that cause fever, runny nose, cough and sore throat. If you don't have a fever, you don't have H1N1 flu or influenza. Usually with the flu, there are higher fevers and more muscle pain, headaches and chills than seen with the common cold. The fever lasts 2-5 days, the runny/stuffy nose 1-2 weeks, and the cough 2-3 weeks. With H1N1 flu or regular influenza illness starts suddenly with a fever greater than 101 degrees. Typically, the H1N1 is affecting children and young adults under the age of 25. Regular seasonal flu vaccine for volunteers, although not required, is recommended and provides the best protection against regular influenza. Vaccination against H1N1 flu vaccine is not the same as the seasonal flu shot so please consult with your physician.

If you are ill, please do not come in to volunteer. Simply notify your community volunteer coordinator. If the community of residents in which you volunteer is experiencing the flu or other viruses it will be posted on the front door and it is highly recommended that if you have not received a seasonal flu vaccine that you not enter the community for your own protection. Let's all help each other stay healthy this season.

The Johnson Center and The Village Volunteer Opportunities

Chili Cook-Off and At a Moments Notice quartette entertainment fundraiser: Buy a ticket, join the fun and volunteer to help with decorating, set-up or takedown to make this a successful event for all.

The Johnson Center Dining Services: seamstresses needed.

Life Enrichment department: volunteer driver needed to take residents on outings.

JB's Boutique: volunteers needed to cover or expand hours.

If you would like further information about these, please contact Jeanette Preston, 720-974-3519.

Your Volunteer Hours Count

Please make sure you are recording all your volunteer hours — even time spent traveling to and from volunteering. Your time is extremely valuable and important to Christian Living Communities. Volunteer Coordinators record, quantify and articulate the good work you do for the CLC communities. Quarterly reported volunteer hours are useful in maintaining our status as a non-profit organization. Please use the log books to write your time spent as a volunteer. If you volunteer your time at home on behalf of CLC, please record hours on available time sheets and turn into the concierge desk to be placed in volunteer coordinators mailbox. If you need a new sheet, they should be in the log book in the front of the binders. Quarterly reporting is taking place now so if you have volunteer hours not yet submitted it is time to do so now. Thank you so much for everything that you do for Christian Living Communities.