



March 2010

Dear Friends,

Thoughts from Tim

Tim Rogers, Executive Director, 720-974-2901 trogers@clcmail.org

Well, I tried to avoid it, but I've been stricken with a fever...Olympic Fever. I have to admit, I am enjoying the 2010 Olympic Winter Games in Vancouver, B.C. My wife, my two sons and I have been watching the coverage every night since the Games began, and we intend to continue right through until the closing ceremonies. I suppose the attraction for me is seeing the best athletes in the world compete against one another. There is something about recognizing the best that inspires me.

That is a good part of why I enjoy coming to work every day as well. I have the joy of watching our staff perform like Olympic Champions on a daily basis. Enriching the lives of seniors is a part of Christian Living Communities' Mission Statement that is lived out each day on The Johnson Center Campus as our staff serves our Residents like the most inspired athletes.

I am grateful for each and every person who comes to work every day with the desire to enrich the lives of our Residents. It is their committed service that makes CLC such a great organization. And like every Olympian, our staff members strive to win a Gold Medal. In the case of our staff, the Gold Medal is the smile we see on the face of a resident who receives the care each staff member offers. Those are Olympic moments, and they are realized countless times throughout the day.

To our Residents and their Family Members, thank you for giving us the opportunity to serve and to strive for excellence. Our staff members take such delight in giving their best, and I am proud to acknowledge the efforts of these Champions who make Christian Living Communities a great home.

Blessings to you all,

Tim Rogers

Executive Director

From David's Desk

David Strain, Associate Executive Director, 720-974-3517 dstrain@clcmail.org

In February my wife, Julia, and I took a trip south to Espanola, New Mexico, to visit a friend whose company is opening a new hotel on the Indian reservation. While we were there we were invited on a private tour to the Puye cliff dwellings just west of Espanola. If you are from Colorado you likely are familiar with the Anasazi Indians and Mesa Verde in the Four Corners area. I remember learning as a kid in school that one day the Anasazis, or the more preferred name today, Pueblo Peoples, up and left Mesa Verde, simply abandoning their home and moving on. What I learned a few weeks ago is a group of them migrated southeast and settled in a very similar geological area that they called Puye, which is very loosely translated, place where the rabbits meet.

Visiting these ruins was a remarkable and moving experience. What makes it even more remarkable is the descendants of these Pueblo Peoples, while no longer living on the cliffs or mesas, still live in the area and were gracious hosts to us for this tour as well as another event on a different day. I was able to videotape, with permission, the ruins and I look forward to sharing our experience with the residents at an activity in March.

Something that made the visit even more interesting is my meeting with the U.S. Census Bureau worker assigned to The Johnson Center a week before our trip. These Pueblo People had already moved out of these dwellings by 1577, two hundred years before the taking of the first U.S. census mandated by the United States Constitution. It made me smile for a moment thinking of a census taker hiking up the trail to the base of the cliff and knocking on the kiva and asking census questions.

I guess it brings me full circle when I think about how these peoples' legacy is preserved in these ruins. For us, we have a chance to produce a snapshot of who we are, where we are etc., through the decennial census. I am proud that we at The Johnson Center will have the opportunity to assist our residents as needed with the process. The census is important for a variety of reasons that impact our nation, state, city, and even our community regarding funds available to provide the services Christian Living Communities and The Johnson Center provide.

Elsewhere in this newsletter and most certainly in other ways before the census begins the first week of April, you will find information regarding the census and how it will happen. I would like to thank you in advance for whatever role you may play in helping us at The Johnson Center come up with an accurate count. If you would like more detailed information right now, I would encourage you to visit the website accessible from this link: <http://2010.census.gov/2010census/>

If you would like to take an historical trip into the lives of the Pueblo People near Espanola, New Mexico, I found this link to be a good one to visit: <http://www.hanksville.org/voyage/misc/puye.html>

Our Mission and Core Values

Christian Living Communities ministers to senior adults through a continuum of services and care that reflects Christian love, respect and compassion, and that enriches the quality and dignity of life for each individual.

The following Core Values define the unchanging heart of our organization, those deep beliefs which are non-negotiable, but at the same time dynamic, giving shape to daily tasks and providing guidance for the future.

Love Compassion Respect Leadership Unity Integrity

Happy Easter

On behalf of The Johnson Center staff, we wish you a blessed Easter season with family and friends. May God richly bless you and your family as it has been a blessing and a privilege to care for your loved one throughout the year.



Nursing Care News

Assisted Living - from the staff

Amy Yount, Assisted Living Director 720-974-3512 ayount@clcmail.org

How quickly the month of love has come to a close! This month it will be St. Patrick's Day with a good deal of green and many celebrations. The green reminds us that spring is just around the corner. As we wait and anticipate added sunshine and the beauty of nature to show its vibrant colors again, our Assisted Living staff and residents will be

“plant sitting” for the next several weeks. We have several different types of flowers in our living room that will be watered and cared for. We hope to keep them alive until the weather outdoors is warm enough for them to live on our property. Please enjoy the magnificence and aroma of God’s creations while we are blessed to have them in our presence. If you would like to help us in our care for them, please let any Assisted Living staff member know. We hope you have a fantastic March.

Chaplain’s Corner

Wanji Mukunga 720-974-3518, wmukunga@clcmail.org

WAITT: Walking together in joy or pain

Please come join other family and care providers in the “We Are In This Together” (W.A.I.T.T) meeting. WAITT is a monthly meeting for all family members and care providers. We will be meeting on Wednesday March 3 at 6:00-7:15pm.

The focus will be SKYPE, a program that uses the internet to make calls, video calls, and to send text and files. Skype is a great way to be connected for free with loved ones out of state and around the world. At the meeting we will be given a demo on how it works. How wonderful for a resident to be able to see those grand babies out of state!

A light dinner will be served with dessert and refreshments. Please remember that as a WAITT group we take a voluntary donation that is tax-deductible to help provide “Beauty & Barber” services for some of our residents.

Join us for Bible Studies

We hold weekly Bible studies every other Tuesday at 1:30 pm in the AL. We are doing a study on favorite Psalms, and every other Wednesday the Gospel of Luke in the Main Activity Room. We have a weekly Bible Time hour at the Special Care unit every Thursday at 10:30 am. We would love to have you come and participate!

Memorial Services: celebrating and honoring our departed friends

On Friday March 5th, 2010, 10:15 am, in the Main Activity Room we will remember and celebrate our friends:

- ❖ Paul Cook
- ❖ Doris Youngclaus
- ❖ Maureen Gates

I have fought the good fight, I have finished the race, I have kept the faith. (2 Timothy 4:7)

SMILE Cards! SMILE Cards! SMILE Cards!

You may ask: how can I express my appreciation when a staff member goes beyond the call of duty and provides exceptional care? Fill out a SMILE card! SMILE Cards are located at different stations at the Johnson Center – outside the Main Dining Room, outside the Staff Lounge, and in Assisted Living.

If you have any question, concerns, or would like to volunteer your services, please don’t hesitate to contact me via email or phone. God bless you!

Mark Your Calendars

Laura Hegman, Life Enrichment, 720-974-3525 lhegman@clcmail.org

Life Enrichment Events & Updates

What do outrageous hats, Irish Dancers, famous Colorado women and spring have in common? They are all being celebrated in March at The Johnson Center!

The Celtic Steps Irish Dancers will be returning again this year on St. Patrick’s Day. The dancing will begin at 10:30 a.m. on March 17th in the main dining room. Come early as good seats go fast. Don’t forget to wear your green!

The craziest hat will take the prize at the Outrageous Hat Party on March 19th. In preparation for the party we will be having several “outrageous hat workshops”. The first two will be on March 1st- 10:15 a.m. in Assisted Living and 10:30 a.m. in Skilled Nursing. A third workshop will be held on March 11th at 10:15 in Skilled Nursing. Anyone wishing to make a hat is welcome to attend a workshop. Also the Life Enrichment team will be happy to accept any donated hats. The party will be March 19th at 3 p.m. in the main dining room.

March is also Women’s History Month and despite the cold and snow, spring begins on March 20th. Watch for activities and hand outs that celebrate Colorado women and spring.

For a copy of any of the activity calendars, please see one of our Concierges or view the calendars on our website at <http://www.christianlivingcommunities/johnson-center/newsletter.html>. If you have any questions or suggestions, please feel free to call the Life Enrichment Department at 720-974-3525.

United States Census 2010 Colorado: What, Who, Why & How?

The census is a count of everyone residing in the United States as of April 1, 2010. All U.S. residents must be counted- both citizens and non-citizens. The census questionnaire only has 10 questions and takes just a few minutes to complete. The U.S. Constitution requires a national census once every 10 years. The census will show state population counts and determine representation in the U.S. House of Representatives. The census also helps to ensure that the federal government allocates the correct amount of funds to states and communities.

This year census forms will be delivered to The Johnson Center on April 7th and picked up on April 12th. By law the Census Bureau cannot share the answers that you provide with anyone or any other government agency. If a Census Bureau employee discloses ANY information that could identify you or your household, he or she is subject to a jail term of up to five years and/or a fine of up to \$250,000.

Guest Services at The Village

Whether you are making plans to visit your loved one for the holidays or anytime of the year, The Village staff would like to remind you that a convenient guest room is available for family members to reserve for \$75 per night, double occupancy and includes breakfast. Please contact Teresa Bame, Concierge Receptionist at 303-741-5555 to make reservations.

Dining Services

Linda Ferneti, Director of Dining Services, 720-974-2911 lferneti@clcmail.org

In our Dining Services Department we are continuing to revise our menu for our Spring/Summer cycle. Please let our Hospitality Manager, Trevor Nelson, know if you have anything special to add to our menu. Easter comes early this spring on April 4th so family members who wish to spend Easter with their loved one please call to make reservations. Thanks and have a great month!

Technology Update

Comcast Cable System Conversion:

Comcast Cable is going to be upgrading their system in this area of town over the next several months. You may receive notification that a new digital receiver will be required as part of this upgrade. We wanted you to know that we are working closely with Comcast to facilitate this transition in each of our communities, so there is nothing you need to do. We will keep you posted as this project unfolds with Comcast.

Volunteer Services

Jeanette Preston, Volunteer Coordinator, 720-974-3519 jpreston@clcmail.org

The Johnson Center Campus Volunteer In-Services

The Johnson Center Campus is pleased to present a training session by Mines & Associates on Communication Skills in the Workplace slated March 25 from 2:30-3:30 at the Johnson Center. This in-service training session is offered to staff members and all volunteers as every person makes an important and significant contribution to this community. Please mark your calendars and plan to join us for this informative and essential workshop. RSVP is required so we have an approximate count of attendees for each training session. Please contact Jeanette Preston at 720-974-3519 to RSVP.

Savvy Seconds' Sale Friday, March 12th 11am-5pm

In acknowledgement of Christian Living Communities' commitment to responsible stewardship to our residents, the Volunteer Advisory Committees of The Johnson Center Campus and Holly Creek have collaborated to organize this ongoing benefit for our residents. Savvy Seconds is a fundraising thrift store which has very few operating costs and capitalizes upon the inherent resources present within our communities. Revenues generated will be reinvested, directly enhancing the lives of our residents. Resident and resident family members' donations will be accepted on a continuing basis and stored in allocated on-site space at The Village and Holly Creek. Please contact or visit the concierge at either community. The Village is accepting donations of furniture while Holly Creek is accepting home décor accessories. The Volunteer Advisory Committees will continue to oversee the development of this fundraising enterprise.

The first Savvy Seconds Thrift Shop sale is scheduled for Friday, March 12th from 11 a.m.-5 p.m. located in The Village garage. Please note all purchases are final and must be made in cash. Plan to pick-up furniture purchased by end of sale at 5 pm.; thank you.

The Johnson Center staff strives to give the very best individualized personal care to every resident. As a team, we are dedicated to providing a cohesive approach in caring for your loved one in a safe loving environment. If you have any comments or suggestions please don't hesitate to contact us as caring for your loved one is our greatest privilege.